

“Just Do It!” 

**James 1:18-27**

*Discussion Questions*

**Note:** *To give & receive the greatest benefit from this discussion, please review your own sermon notes, read & reflect on these discussion questions in advance.*

1. At what point in life have you been the most physically fit i.e. now, 5 years ago, more?
  - \* How did/do you look & feel?
  - \* What contributed to that i.e. diet, exercise, age, etc?
2. At what point in life have you been the most spiritually fit i.e. now, 5 years ago, more?
  - \* What attitudes or actions did/do you display?
  - \* What practices contributed to your spiritual health i.e. Bible study, prayer, fellowship, ministry, experiences, other?
3. Someone read **James 1:18-21** and review the 4 “**hearing aids**” suggested in the text.
  - \* **Be Careful:** Before discussing those verses, someone lead in prayer for special insight on them from the Lord i.e. **Psalm 119:18:**
  - \* **Be Calm:** How would anger toward another person, a situation or God affect our ability to hear from God through His Word? What can we do about that?
  - \* **Be Clean:** What are some influences that could block an accurate understanding of God’s word i.e. secular media, philosophies, etc. How do we clean up?
  - \* **Be Compliant:** Someone read A.W. Tozer’s “We Must Hear Worthily” aloud from the back of this sheet. What is the difference between an arrogant & a humble listener?
4. Someone read **James 1:22-25** & discuss the difference between a **mural** and a **mirror** i.e. information/illustration & conviction/transformation.
  - \* Would you describe your study of God’s Word to be more mural-like or mirror-like?
  - \* In what ways might you better reflect on God’s Word i.e. *Read it thoughtfully (Psalm 139:23-24), Review it continually (James 1:25), Relate it Personally (2 Timothy 3:16-17).*
5. Someone read **James 1:26-27** & then discuss the 3 responses or action points listed i.e. Tighten your Tongue, Stretch your Arms, Flush your Heart.
  - \* Which one represents your greatest challenge?

\* Pray around the room or one-on-one for each other's response to God's Word.